



## How to get involved:

- **JOIN THE GCCMHA TEAM**  
Volunteer for many different types of opportunities, internships, activities and commitments.
- **WHO WE'RE LOOKING FOR**  
We are looking for passionate, driven people who want to make a difference in other's lives and gain real world experience.
- **INTERESTED?**  
Contact Elaine Reinke at [ereinke@gccmha.org](mailto:ereinke@gccmha.org) or by phone at (989)466-4146.

## Are you looking for real world experience? Volunteer today!

### **WHO WE ARE:**

Many people from all walks of life encounter problems or stressors with which they may need help. Gratiot Community of Mental Health's staff includes trained and licensed social workers, psychiatrists, case managers support coordinators, nurses and support staff to assist people of those needs. Work with us to empower individuals and improve their quality of life.

### **HOW YOU CAN HELP:**

- Summer Respite camp
- Clerical assistance
- Shadow caseworkers
- Put skills to work
- Help others learn life skills
- Become an advocate
- Facilitate support groups
- Individual mentoring with clients

